



High School Social Skills Group

This social skills group is designed specifically for teens (grades 9th-12th). The purpose of our group is to practice expanding and building social skills in the areas of communication, problem solving, social media, friendship, fitting in, empathy and leadership skills.

We will meet at Powers in Rocky River on Center Ridge on
Mondays from 7 pm. to 8 pm.

- Feb. 10
- Feb. 24
- March 9
- March 23
- Apr. 6
- Apr. 20

The group will be facilitated by Julie Ruddy. Julie has been an Intervention Specialist with over 25 years of experience and a special focus in social skill instruction.



Topics may include:

- Communication (Body language, conversations, starters and stoppers)
- Problem Solving (what to do when things don't go as planned)
- Social Media (The do's and don'ts)
- Expected/unexpected behaviors in a professional setting
- Fitting in (Accepting and embracing differences)
- Empathy (Accepting and embracing differences continued)
- Leadership Skills (Ways to be a leader in class and in the community)
- Personal hygiene expectations

Cost of the group is \$300. Private pay. Also accepted: NEON, Autism Scholarship, Jon Peterson Scholarship.

Minimum 4 participants.

RSVP by Feb. 7, 2020

Please Contact Kelly Rigo to sign up (949) 471-7190

Programs/fees are only. Payment is due in full by the date of the first class for all programs. There will be no refunds for missed sessions. We reserve the right to cancel the class entirely if there is insufficient or non-compliance with minimum requirements.

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